



**2024 MERKEL BASKETBALL  
MONDAY JULY 29 – THURSDAY AUGUST 1**

We appreciate that you have selected Merkel Basketball Camp at RMC over countless other options. We want the time you invest with us to be incredibly impactful in your development. Our staff is trained to help camper get better and have fun through our program values.

**JULY 29-AUGUST 1**

**Director:** Josh Merkel (M) 443-365-3159 | [joshmerkel@rmc.edu](mailto:joshmerkel@rmc.edu)

**Assistant Director:** Ryan Axe (M) 717.364.2936

**REGISTRATION: July 29<sup>th</sup> from 7:15a.m – 8:50a.m at the Brock Center**  
(400 North Center Street, Ashland)

ALL CAMPERS will check in at side doors of Brock Center first.

Overnight campers will get their key and can drive to move in to their dorm after checking in. Campers will find out what gym they will begin the day in. Campers can walk or drive to Crenshaw gym after moving into the dorm. (Parents can say goodbye once the camper finds his gym and is moved in. At registration, parents can deposit money in the camp bank. ALL campers should come dressed and ready to play in basketball attire (basketball shoes, shorts, T-shirt).

The main Brock Center Parking lot should be used. If the lot is full or blocked, please park along the road that runs parallel to the train tracks or park across the tracks in the large auxiliary lot. Pick up for the commuters is inside the Brock Center at 4pm on Monday, Tuesday and Wednesday. Thursday pick up is at Crenshaw gym after award ceremony.

**DIRECTIONS TO BROCK LOT**

From Route 54 turn on to Henry Street. Make a right on to Henry Street if traveling West on 54 and a left on to Henry Street if traveling East on 54. After you are on Henry Street make your first left on to College Avenue. Proceed to the railroad track but do not cross. Make a right on to North Center Street. The railroad tracks will now be on your left. Follow North Center Street down the tracks and make your fourth right into the large Brock Center Parking lot. If the lot is full or closed, park across the tracks in our large auxiliary lot or along the road

**CHECK-OUT: THURSDAY AUGUST 1 @ 3PM | Crenshaw gym (103 East Patrick Street)**

A closing ceremony will take place approximately 20 minutes prior to camp check-out (3PM) on the last day. Parents are encouraged to attend. This will be in Crenshaw gym. Then parents can walk with their camper to the dorm to get their belongings and check out.



### **CHARGE FOR LOST ROOM & MEAL KEY**

The college charges \$25 for lost keys.

### **CAMP MEALS – meals are buffet style in college cafeteria**

**Commuter Campers:** Lunch will be provided Monday-Thursday.

**Overnight Campers:** Three meals provided each full day. We do NOT provide breakfast on registration day. The first camp meal is lunch Monday so we recommend having breakfast prior to check in.

### **COMMUTERS**

We suggest bringing a daily pack with a water bottle, and spending money for snacks. Players should leave their basketball at home; we will have plenty!

**\*Drop off** every morning at Brock center (400 North Center St) by 9AM.

**\*Pick up** at Brock Center at 4PM (Monday- Wed) and Thursday 3pm at Crenshaw gym.

### **CAMP BANK**

You will have a chance at registration to deposit money for your son into the camp bank. We suggest bringing between \$20 and \$40 for purchase of snacks and drinks throughout the week. They will be able to purchase pizza nightly in the dorm. The deposited money is held by the camp and the campers withdraw from their balance during the week. Any leftover balance will be returned on the last day of camp. Only cash will be accepted.

### **ROOMMATE REQUESTS**

- A big part of the camper experience is having a roommate. Campers will reside in a residence hall TBD on campus. Campers stay **2** per room and are assigned by age and roommate requests. If you already emailed or registered a roommate request, then we have it locked in!
- If you don't have a roommate request, you will be placed in a room with someone near your age. It is a great opportunity to meet someone new & many friendships have been forged!
- Campers are under constant supervision as coaches | staff reside in the same residence halls in separate rooms.
- Rest: You will need as much rest as you can get, as the days are long and most athletes are exhausted by the end of the day. Respect your roommate by keeping phone calls brief (or staying off phone altogether).
- 10:15pm in your room | 11pm Lights out (if not sooner)



### **WHAT IF MY SON HAS PRACTICE OR BASEBALL GAME AT NIGHT?**

Not a problem! This happens quite a bit with swim meets, AAU games, and baseball games. Camper needs to make sure he tells his coach AND commissioner, so they know exactly where he is and when he will return.

### **OVERNIGHT CAMP CHECKLIST**

Below is a suggested list of clothes, equipment, and personal items. If your child brings valuables such as iPads, they are not permitted in the gyms and RMC is not responsible for such items. We prefer they leave them at home and make this session an immersive one focused on improvement and relationships.

- ✓ **Notebook & pen for classroom sessions (optional)**
- ✓ Bookbag for the gym with name on it (optional)
- ✓ Plenty of t-shirts, athletic shorts, athletic socks
- ✓ Basketball sneakers
- ✓ Water Bottle labeled with name
- ✓ Toiletries-soap, toothbrush, toothpaste, shampoo, deodorant, etc
- ✓ Towel for shower
- ✓ Bedding for single size bed (Twin XL to be precise)
- ✓ Blanket or sleeping bag for your bed
- ✓ Pillow
- ✓ Noise machine or small fan can be helpful for the dorm room
- ✓ Comfortable off-court clothing for sleeping
- ✓ Spending money (\$40 suggested)
- ✓ Flip flops
- ✓ Great Attitude & Growth mindset

Cell phones are permitted at camp, but strictly limited to periods of free time. We recommend the campers focus their energy on the basketball and their teammates.

### **LATE ARRIVALS**

Please send an email with an estimated arrival time to [joshmerkel@rmc.edu](mailto:joshmerkel@rmc.edu). If a commuter, go to the Brock center and find a commissioner. If an overnight camper, go to Crenshaw gym first and we will work to get you moved into the dorm and then join your fellow campers in the right gym/league.

### **CORE VALUES**

The pillars of RMC Basketball are talked about each day: COMMIT, CONNECT, COMPETE, ATTITUDE, & JOY. We expect our older campers to model great behavior and be the example. ***We are looking forward to a positive and productive camp week. Any players that engage in behavior in the gym, on campus, or in the dorms that take away from that experience will be sent home if deemed necessary. Please make sure your camper understands our***



*expectations.*

## **FINALLY**

- All meals and sessions are mandatory. No one is to leave the campus grounds.
- Parents are allowed in the dorm ONLY on opening and closing day.
- We will have an athletic trainer on staff if you have any medical concerns or needs.
- All injuries and illnesses must be immediately reported to the trainer and your coach.
- Safety: Walk with at least two others when walking to a session or back to the dorms. If there is ever an emergency at night, knock on the door of a dorm room that has a staff sign on it and a staff member will assist you (phone numbers for staff are on the doors as well).
- Become a coach's dream. Become the teammate everyone wishes they had. Practice being a leader, a helper, an organizer, a problem-solver.

**WE LOOK FORWARD TO AN EXTRAORDINARY CAMP SESSION!**