

# 2019 Randolph-Macon Basketball Shooting Camp Info!

**Shooting Camp:** July 26-28 (Friday-Sunday)

## **\*\*\*SHOOTING\*\*\* CAMP CHECK-IN / CHECK-OUT**

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Check-in: Friday, July 26<sup>th</sup> from 1-2:30pm

Check-out: Sunday, July 28<sup>th</sup> at 11am

ALL campers must check in and register at Crenshaw gymnasium first-this includes commuters (campers not staying overnight). Overnight campers will be told what residence hall they are staying in when they register. Campers should come dressed and ready to play in basketball attire (basketball shoes, shorts, T-shirt). A closing ceremony will take place approximately 20 minutes prior to camp check-out on the last day. Parents are encouraged to attend. We will have an athletic trainer on staff if you have any medical concerns or needs.

\*Initial meeting for all campers is in Crenshaw gymnasium at 3pm.

## **\*\*\*SHOOTING\*\*\* CAMP HOURS**

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**Camp Hours for the *EXTENDED DAY (not staying overnight)*:**

FRI: 3PM-9PM, SAT 9AM-9PM, SUN 9AM-11AM

**COMMUTERS (campers not staying overnight):**

\*Drop off will be in Crenshaw gymnasium before 9:00am

\*Pick up will be in Crenshaw between 8:50- 9:00pm.

## ***CAMP LOCATION / DIRECTOR CONTACT***

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**Randolph-Macon College**

**Crenshaw Gymnasium**

106 East Patrick Street

Ashland, VA 23005

**Director:** Josh Merkel (M) 443-365-3159 | [joshmerkel@rmc.edu](mailto:joshmerkel@rmc.edu)

### *CAMP MEALS –meals are buffet style in college cafeteria*

**Extended Day Campers:** Lunch & dinner will be provided on full days. Dinner is the first meal on the first day of camp. Extended day campers must eat breakfast at home.

**Overnight Campers:** Breakfast, lunch, and dinner provided.

\*We do NOT provide lunch on registration day. The first camp meal is dinner.

### *DAY & EXTENDED DAY CAMP CHECKLIST*

We suggest bringing a daily pack with a water bottle, spare clothes, and spending money for snacks. Players do not need to bring their own basketball, we have plenty!

### *CAMP BANK*

You will have a chance at registration to deposit money for your son into the camp bank. They will be able to purchase drinks and pizza nightly. The deposited money is held by the camp and the campers withdraw from their balance during the week. Any leftover balance will be returned on the last day of camp. Only cash will be accepted. We suggest bringing between \$20 and \$40 for purchase of snacks and drinks throughout the week.

## OVERNIGHT CAMP CHECKLIST

Below is a suggested list of clothes, equipment, and personal items. DO NOT bring valuable items, such as expensive cameras, ipods, iPads, etc. to camp with you. Laptops and tablets are NOT allowed at camp.

### CHECKLIST

- ✓ **Notebook & pen for classroom sessions**
- ✓ Plenty of t-shirts, athletic shorts, athletic socks
- ✓ Basketball sneakers
- ✓ Water Bottle
- ✓ Towel
- ✓ Toiletries-soap, toothbrush, toothpaste, shampoo, towel
- ✓ All bedding items-pillow, blanket or sleeping bag
- ✓ Sheet for single size bed
- ✓ Comfortable off-court clothing
- ✓ Spending money (\$40 suggested)
- ✓ Swimsuit & towel for swimming pool session
- ✓ Flip flops

\*Residence Halls are air-conditioned

Cell phones are permitted at camp, but strictly limited to periods of free time. We recommend the campers focus their energy on the basketball and their teammates.

## ROOMMATE REQUESTS

- Campers will reside in a residence hall TBD on campus. Campers stay 2 per room and are assigned by age and roommate requests. If you have a **roommate request**, and have not already given it to us, please do so **no later than 7 days before the start of camp**.
  - If you don't have a roommate request, you will be placed in a room with someone near your age. It is a great opportunity to meet someone new!
  - Campers are under constant supervision as coaches /staff reside in the same residence halls in separate rooms.
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### CHARGE FOR LOST ROOM & MEAL KEY

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The college charges \$25 for lost keys.

### ATTENDING BOTH CAMPS

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This info is for those staying for the skills camp July 29-August 1. Here is the Sunday schedule for those transitioning from shooting camp to the complete skills camp.

We will ask the campers to pack all their belongings and move their bags to the gym on Sunday before breakfast. That way the check in process to their new dorm will be much easier for them.

Once they are moved into their new room, they will have some time to rest until the complete skills camp begins at 3pm.

### FINALLY

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- All meals and sessions are mandatory. No one is to leave the campus grounds. Have your son turn in his car keys for any campers that drive themselves to camp.
- Parents are allowed in the dorm ONLY on opening and closing day.
- All injuries and illnesses must be immediately reported to the trainer and your coach.

There are still spots available  
RMC Skills Camp  
July 28-Aug 1  
[www.rmcbasketballcamps.com](http://www.rmcbasketballcamps.com)

WE LOOK FORWARD TO AN EXTRAORDINARY CAMP SESSION!